

UPPER AIRWAY & SLEEP CONFERENCE PROGRAM



Venue:

Mater Hospital, Rockhampton
Central Queensland

Co-Convenors

Francois Malan

Evan Matthews

Keynote Speakers:

Dr Bhik Kotecha - UK

Dr Sam Robinson - Australia

Dr Ulf Kingstam - Norway

Dr Kenny Pang - Singapore

28th –30th August 2008

Program

The ENT, Head and Neck Surgeons of Rockhampton, Central Queensland, are pleased to conduct an Upper Airway and Sleep Conference - mainly for specialists and training registrars in this field.

There are many recent innovations and philosophies, some controversial, in the diagnosis and management of the nocturnal failing upper airway. This course has an emphasis on the diagnostic process and how it relates to a management protocol. We contract various disciplines in the faculty to broaden our vision.

We shall introduce the Asean Sleep Surgical Society to the delegates as we host the current president, Dr Kenny Peter Pang. He is a world authority on evidence-based medicine for surgery in sleep-disordered breathing.

Whilst we promote a team approach, we will in August attempt to clarify the position of both conservative and advanced surgical applications without being instructive in and detailing advanced surgery.

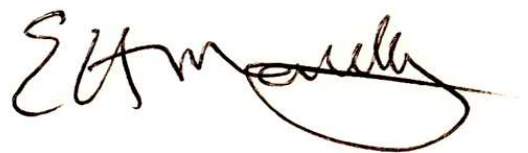
We are pleased to have the following Otolaryngologist, Head & Neck Surgeons as keynote speakers and special guests:

Dr Bhik Kotecha from London, UK
Dr Ulf Kingstam from Trollhättan, Norway
Dr Sam Robinson from Adelaide, South Australia
Dr Kenny Pang from Paragon, Singapore

21 CPD Accreditation points awarded by the Royal Australasian College of Surgeons



Dr Francois Malan
Co-Convenor
famnet1@bigpond.com



Dr Evan Matthews
Co-Convenor
keboom05@bigpond.net.au



Invited Faculty

- ***Dr Simon Bowler*** - Sleep Physician
- ***Dr Andrew Carll*** - Specialist Anaesthetist
- ***Dr David Cooper*** - Paediatric Sleep Specialist
- ***Dr Maurice Costello*** - Orthodontist
- ***Mr Justin Craig*** - Sleep Scientist
- ***Dr Samuel Kim*** - Thoracic Physician
- ***Dr Anthony Lynham*** - Maxillo-facial Surgeon
- ***Dr Michael Manning*** - Orthodontist
- ***Dr Greg Reynolds*** - Dental Sleep Specialist

Organising Committee

- ***Dr Francois Malan*** - ENT, Head & Neck Surgeon
- ***Dr Evan Matthews*** - ENT, Head & Neck Surgeon
- ***Dr Marinus van Splunder*** - ENT, Head & Neck Surgeon
- ***Mrs Mariette van Splunder*** - Social Committee
- ***Mrs Judy Hawkins*** - Course Coordinator

A Cap of 80 DELEGATES



Rydges Capricorn Resort, Yeppoon

Wednesday 27th August

3.30pm REGISTRATION - Rydges Capricorn Resort

Delegates arrivals: 27th - 28th August 2008

Incoming Flights: Direct from Melbourne, Sydney and Brisbane

Thursday 28th August

11.00am Transfer from Rydges Capricorn Resort, Yeppoon to Mater Hospital, Rockhampton

12.00pm REGISTRATION - Josephine's Cafeteria, Mater Hospital

12.30pm **ArthroCare Theatre Session** - Mother de Sales Room Day Surgery Theatre

Speakers: *Dr Ulf Kingstam & Dr Sam Robinson*

Moderator: *Dr Francois Malan*

Selected surgical applications for OSAS (incl. CAUP) - Dr Kingstam

6.00pm **Finish**

6.30pm **Transport to Rydges Capricorn Resort, Yeppoon**



Friday 29th August

07:00am Transport from Rydges Capricorn Resort to Kershaw House, Rockhampton

07:30am Registration– Kershaw House

08:15am Welcome– Francois Malan

08:30am **ArthroCare AM Session** Moderator: Evan Matthews

08:30am The obstructing UAW & Sleep- B. Kotecha

09:00am The co-morbidities & complications of OSAS (incl: "atonic activations in children") – S. Bowler

09:30am The value of clinical assessment in treatment selection (a sleep physician's perspective). – S. Kim

09:50am An approach to airway evaluation in patient selection for surgery – K. Pang

10:10am Dynamic Sleep Endoscopy – S. Kotecha

10:30– 10:45 **MORNING TEA & TRADE DISPLAY**

10:45am **Resmed AM Session** Moderator: Francois Malan

10.45am Sleep Endoscopy (SE) in Central Queensland: the pharyngeal dynamics – F. Malan

11.05am Conscious Sedation for SE: technique and standardization – A. Carll

11.20am Polysomnography: state of the art — S. Kim

11.40pm Apnoea cephalometry: the Central Queensland experience – M. Manning

11.50pm CPAP: techniques and their relevance to outcome. – S. Bowler

12.10pm COAP: compliance data for patients — a review and management protocols – J. Craig

12.25pm **Announcements - (E Matthews) & group photography**

12.30-1.15pm - ArthroCare Lunch Session: Coblation techniques - A. Kingstam (lunch bag will be provided)

12.30-1.30pm **LUNCH**

1.30pm **Olympus PM Session 1** Moderator: Samuel Kim

1.30pm OSAS in Paediatrics: Overview – D. Cooper

2.00pm Pediatric upper AWO: The relevance of surgery. – E. Matthews

2.15pm Nasal airway obstruction & OSAS: how relevant – S. Robinson

3.00pm Maxillofacial surgery: to be aggressive or not – A. Lynham

3.15pm Oral appliances in OSAS – G. Reynolds

3.30-4.00pm **AFTERNOON TEA & TRADE DISPLAY**

4.00pm **Olympus PM Session 2** Moderator: Simon Bowler

4.00pm OSAS: the relevance of surgery in the adult – S. Bowler, B. Kotecha, K. Pang

4.30pm Progress: ApneaGraph & site(s) of collapse - A. Kingstam

Portable devices in the diagnosis of SRBD - J. Craig

Masks for CPAP application - J. Craig

The services rendered by a well-functioning sleep centre – S. Bowler

5.15pm - **Transport to Rydges Capricorn Resort**

7.30pm **CONFERENCE DINNER - Lagoon Restaurant - Rydges Capricorn Resort, Yeppoon**

Saturday 30th August

7.00am - Transport from Rydges Capricorn Resort to Mater Hospital, Rockhampton

8.15-12.15pm **CELON PRACTICAL SESSION** - Mother de Sales Room & Day Surgery Theatre

Moderator: Ian Cole

Celon ENT Lab / CAUP

Sleep nasendoscopy & Clinical cases

UVPP / Somnoplasty: Celon and LASER

- B. Kotecha & F. Malan

Includes MORNING TEA & TRADE DISPLAY

12.15 Transport from Mater Hospital to Kershaw House

12.30-1.30pm **LUNCH & TRADE DISPLAY**– Kershaw House

1.30-4.00pm **ArthroCare PM Session** Moderator: **Kenny Pang**

1.30pm Palatopharyngeal surgery: Surgical techniques – S. Robinson

2.00pm Retrolingual obstruction: Relevant surgical techniques – A. Lynham, B. Kotecha, S. Robinson, U. Kingstam

2.45pm Preliminary results for the application of *mandibular repositioning devices* (directed by SE) – M. Costello

3.00pm The role of the Epiglottis in OSAS – F. Malan

3.15-3.30pm **AFTERNOON TEA**

3.30pm OSAS: a Management Protocol. – U. Kingstam, B. Kotecha, S. Robinson, F. Malan, S. Bowler, K Pang

4.15pm - Transport to Rydges Capricorn Resort

END OF CONFERENCE

6.00pm - Transport from Rydges Capricorn Resort to Ferns Hideaway, Byfield

7.00pm **SOCIAL EVENING** - Ferns Hideaway, Byfield

Other social events (please enquire at your Hotel)

Great Keppel Island visit

Horse & Carriage Museum

Nobs Creek Pottery

Crocodile Farm

Golf-Two International courses at Rydges Resort



Keynote Speakers

Dr Bhik Kotecha



Bhik has lectured and published widely – having amongst other received a prize in respiratory medicine (1984) and the Hospital Doctor of the Year Award (Sleep Medicine Section) in 2004. Once again a keynote speaker at the July 2007 EUFOS Conference in Vienna. He expresses opinions on BMI, septoplasty, nCPAP, coblation, cephalometry, the MAS (mandibular protrusion) and dynamic sleep endoscopy – to name a few (see www.snoringmanagement.co.uk). Now a consultant at The Royal National Throat, Nose and Ear Hospital, London.

Dr Sam Robinson

A private specialist and senior visiting surgeon at the Flinders Medical Centre. A founding member of the multidisciplinary Sleep Apnoea Group at the Adelaide Institute for Sleep Health, Adelaide, Australia. He furthered his training at Stanford University in 1997 under Drs Riley and Powell. He regularly publishes in the subspecialty of SRBD and presents at national and international meetings. His two recent OSA surgical conferences as scientific coordinator in Adelaide, as well as a committee member for the Chicago Sleep Surgery Symposium in 2006, stand to his credit.



Dr Ulf Kingstam

A recent past Chief Surgeon of Eurosleep Norway. He has operative experience for SRBD on more than 6 000 patients since 1995 – and continues to do so as a consultant at the Akers University Hospital, Norway. He has 8 years experience in coblation surgery and was a valid faculty member for a variety of live surgery courses in Norway, Turkey, Finland, Sweden and as far as China!



Dr Kenny Pang

He is the president of the ASEAN Sleep surgical Society. A Fellow of American Academy of Sleep Medicine & American Surgical Task Force Team. A board director of the International Sleep Surgical Society. He was the course director of the recent Singapore meeting which attracted 160 delegates. A multi-skilled and innovative surgeon whom will talk on Evidence-based Medicine in Surgery for OSAS.



Delegates Social Program (additional to registration fee)

Saturday 30Aug	Social Fun Evening at Ferns Hideaway *		
	Booked transport (Rydges)	A\$ 65	③
	Own transport	A\$ 53	④

Accompanying Person's Program (see descriptions below)

Friday 29Aug	Conference dinner at Rydges Capricorn Resort	A\$130	①
Saturday 30Aug	Site seeing tour	A\$ 65	②
Saturday 30Aug	Social Fun Evening at Ferns Hideaway *		
	Booked transport (Rydges)	A\$ 65	③
	Own transport	A\$ 53	④
Friday 29Aug	CONFERENCE LUNCH SESSIONS	A\$ 20	⑤
Saturday 30Aug	CONFERENCE LUNCH SESSIONS	A\$ 20	⑥

N.B. Mark chosen activities ① to ⑥ on registration section on opposite page.

Site seeing tour: 0930 to 1530

- Pick up & return to Rydges Resort Yeppoon
- Horse & Carriages Museum (one of its kind)
- Rockhampton; Mount Archer and historical Riverside
- Art Gallery (regional famous artists)
- Botanical Gardens (at the lake: majestic trees and cycads)
- Lunch at Da Berto's Italian Café

***Social Fun Evening:** includes a 4 course dinner and at least a good glass of wine.

The Mater Hospital, Rockhampton

ABN No. : 34096 724 033

REGISTRATION FORM/TAX INVOICE

This form will become a Tax Invoice on payment.

All fees are inclusive of GST. Please retain the original for your records

Surname: _____

First Name: _____ Title: _____

Address: _____

Telephone: _____ Fax: _____

Email: _____

Upper Airway and Sleep : Registration

Please fax this registration form to Judy Hawkins 07 3240 2427

Registration for early bird (before 14th June 2008)									AU\$ 650
Registration after 14th June 2008									AU\$ 750
Accompanying person(s):	①	②	③	④	⑤	⑥	=		AU\$.....
Delegate:	③	④					=		AU\$.....
							TOTAL	=	AU\$.....

Payment Options: cheque/bankdraft/credit card

1. CHEQUES made payable to:

“The Mater Hospital, Rockhampton“ (payable in Australian dollars)

Post to: Judy Hawkins

ENT Department, Princess Alexandra Hospital,

Ipswich Rd., Woolloongabba 4102, Brisbane, Australia

2. CREDIT CARD PAYMENT **Mastercard** **Visa** **Bankcard**

Card number _____

Expiry date _____ / _____

Cardholders name _____

Cardholders signature _____



 **RYDGES**
CAPRICORN RESORT • YEPPON



Hotel Rooms

Rydges Capricorn Resort, Yeppoon www.rydges.com/capricorn

Accommodation rates per night, nett and non-commissionable

Bed and Breakfast Package		
Room Type	Sole Use Per Room per Night	Twin Share Per Room per Night
Resort Room	\$178.00	\$196.00
Resort Suite	\$208.00	\$216.00
Ocean View Suite	\$238.00	\$246.00
One bedroom Apartment	\$268.00	\$286.00

For all bookings of accommodation at the Rydges Capricorn Resort, Yeppoon please fill out the attached sheet and send it to:

Toll Free: 1800 075 902 or Fax No.: 07 4925 2547
Email: letizia_dorr@rydges.com



ACCOMMODATION cannot be guaranteed after 28th July 2008.

Other accommodation options in Rockhampton

1. Motel 98 ph:07 4927 5322
2. The Coffee House Luxury Apartments ph: 07 4924 5700

Accommodation booked YES / NO

Where:

For further information please contact

Judy Hawkins, Course Co-ordinator
The University of Queensland,
c/o ENT Department, Princess Alexandra Hospital,
Ipswich Rd, Woolloongabba 4102
Ph: 07 3240 2431 or 0402 266 822
Fax: 07 3240 2427
judy_hawkins@health.qld.gov.au

Major Sponsors



OLYMPUS

RESMED

 Schering-Plough Pty Limited